

Medication Coverage Changes

For 2026

These are the changes we're making to the Cigna Healthcare® Prescription Drug List in 2026.¹ Medications are listed in alphabetical order (A-Z) by the type of change taking place. Use the chart below to find what page your drug list is on.

If you have Cigna Healthcare pharmacy and/or medical benefits and are affected by one of these changes, we'll send you a letter with next steps.

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Cigna Healthcare Standard Prescription Drug List

Medications that will move to a lower tier, be preferred or be added to the drug list.

These medications may cost you less to fill.

Date Change Starts	Medication Name	Drug Class	More Information
January 1	AUVELITY	Anxiety/Depression/ Bipolar Disorder	This medication will: <ul style="list-style-type: none"> • Be added to the drug list as a preferred brand (Tier 2) and • Require Step Therapy²
	FREESTYLE TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)
	TRUE METRIX TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)

Medications that will need approval (prior authorization) before they can be covered.²

Your doctor's office will have to send us information to review to make sure you meet coverage rules (requirements).

Date Change Starts	Medication Name	Drug Class
January 1	liraglutide	Diabetes

Medications that will no longer be covered — and their covered alternatives.³

There are other medications on your drug list that treat the same conditions. We've listed some covered options below.

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	ACTIVELLA	Hormonal Agents	generic ACTIVELLA (mimvey, estradiol-norethindrone, amabelz)
	ACTONEL ⁴	Osteoporosis Products	risedronate
	ADDERALL ⁵	Attention Deficit Hyperactivity Disorder	dextroamphetamine-amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	ARAVA	Pain Relief and Inflammatory Disease	leflunomide
	ARICEPT	Alzheimer's Disease	donepezil
	AVALIDE ⁴	Blood Pressure/ Heart Medications	irbesartan-hctz
	CARDURA	Blood Pressure/ Heart Medications	doxazosin
	CATAPRES-TTS	Blood Pressure/ Heart Medications	clonidine patch
	CLARINEX	Allergy/Nasal Sprays	desloratadine

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Standard Prescription Drug List (cont.)

Medications that will no longer be covered — and their covered alternatives.³ (cont.)

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	CORLANOR 5 MG, 7.5 MG ⁶	Blood Pressure/ Heart Medications	ivabradine tablet
	DALIRESP	Asthma/COPD/Respiratory	roflumilast
	EFFIENT	Blood Thinners/ Anti-Clotting	prasugrel
	EVEKEO ⁵	Attention Deficit Hyperactivity Disorder	amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	EVISTA	Osteoporosis Products	raloxifene
	FERRIPROX 500 MG, 1,000 MG (3 TIMES/DAY) TABLET ⁶	Miscellaneous	deferiprone 500 mg, 1,000 mg tablet (3 times a day) tablet
	FETZIMA ⁵	Anxiety/Depression/ Bipolar Disorder	bupropion sr, duloxetine, escitalopram, sertraline, venlafaxine er
	HETLIOZ ⁶	Sleep Disorders	tasimelteon
	HYZAAR ⁴	Blood Pressure/ Heart Medications	losartan-hctz
	INVEGA ER TABLET ⁴	Schizophrenia/ Anti-Psychotics	paliperidone er tablet
	LOVENOX	Blood Thinners/ Anti-Clotting	enoxaparin
	MICARDIS ⁴	Blood Pressure/ Heart Medications	telmisartan
	NAMENDA	Alzheimer's Disease	memantine
	NAMENDA XR	Alzheimer's Disease	memantine er capsule
	NAMZARIC	Alzheimer's Disease	memantine-donepezil
	NEURONTIN ⁵	Seizure Disorders	gabapentin
	NEXIUM 2.5 MG, 5 MG PACKET	Gastrointestinal/Heartburn	esomeprazole
	ONETOUCH TEST STRIP	Diabetes	FREESTYLE, TRUE METRIX TEST STRIP
	ONFI ORAL SUSPENSION, TABLET ⁵	Seizure Disorders	clobazam
	PREVACID DR ⁴	Gastrointestinal/Heartburn	lansoprazole
	PROSCAR	Urinary Tract Conditions	finasteride
	PROTONIX ⁴	Gastrointestinal/Heartburn	pantoprazole
	RAPAFLO	Urinary Tract Conditions	silodosin
	sajazir	Blood Pressure/ Heart Medications	icatibant
	TRIBENZOR	Blood Pressure/ Heart Medications	olmesartan-amlodipine-hctz
	TIKOSYN ⁵	Blood Pressure/ Heart Medications	dofetilide
	TYKERB ⁵	Cancer	lapatinib

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Standard Prescription Drug List (cont.)

Medications that will be non-preferred under the Cigna Healthcare medical benefit.*

There are preferred medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	Preferred medications
January 1	STELARA 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	USTEKINUMAB 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK

* Some medications are covered under the pharmacy benefit, some are covered under the medical benefit and others are covered under both benefits. Medications that are injected or infused and are given to you at a doctor's office, hospital, an infusion center or at home are typically covered under the medical benefit.

Cigna Healthcare Performance Prescription Drug List

Medications that will move to a lower tier, be preferred or be added to the drug list.

These medications may cost you less to fill.

Date Change Starts	Medication Name	Drug Class	More Information
January 1	AUVELITY	Anxiety/Depression/ Bipolar Disorder	This medication will: <ul style="list-style-type: none">• Be added to the drug list as a preferred brand (Tier 2) and• Require Step Therapy²
	FREESTYLE TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)
	FREESTYLE GLUCOMETER	Diabetes	This product will be a preferred brand (Tier 2)
	TRUE METRIX TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)
	TRUE METRIX, TRUE METRIX AIR GLUCOMETER	Diabetes	This product will be a preferred brand (Tier 2)

Medications that will be covered on a higher tier.

These medications may cost you more to fill. There are lower-cost medications on your drug list that treat the same conditions. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	New Tier	Generic and/or Preferred Brand Medications
January 1	ONE TOUCH GLUCOMETER	Diabetes	3	FREESTYLE, TRUE METRIX, ACCU-CHEK GLUCOMETER

Medications that will need approval (prior authorization) before they can be covered.²

Your doctor's office will have to send us information to review to make sure you meet coverage rules (requirements).

Date Change Starts	Medication Name	Drug Class
January 1	liraglutide	Diabetes

Medications that will no longer be covered — and their covered alternatives.³

There are other medications on your drug list that treat the same conditions. We've listed some covered options below.

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	ACTIVELLA	Hormonal Agents	generic ACTIVELLA (mimvey, estradiol-norethindrone, amabelz)
	ACTONEL ⁴	Osteoporosis Products	risedronate

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Performance Prescription Drug List (cont.)

Medications that will no longer be covered — and their covered alternatives.³ (cont.)

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	ADDERALL ⁵	Attention Deficit Hyperactivity Disorder	dextroamphetamine-amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	ARAVA	Pain Relief and Inflammatory Disease	leflunomide
	ARICEPT	Alzheimer's Disease	donepezil
	AVALIDE ⁴	Blood Pressure/Heart Medications	irbesartan-hctz
	CARDURA	Blood Pressure/Heart Medications	doxazosin
	CATAPRES-TTS	Blood Pressure/Heart Medications	clonidine patch
	CLARINEX	Allergy/Nasal Sprays	desloratadine
	CORLANOR 5 MG, 7.5 MG ⁶	Blood Pressure/Heart Medications	ivabradine tablet
	DALIRESP	Asthma/COPD/Respiratory	roflumilast
	EFFIENT	Blood Thinners/Anti-Clotting	prasugrel
	EVEKEO ⁵	Attention Deficit Hyperactivity Disorder	amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	EVISTA	Osteoporosis Products	raloxifene
	FERRIPROX 500 MG, 1,000 MG (3 TIMES/DAY) TABLET ⁶	Miscellaneous	deferiprone 500 mg, 1,000 mg tablet (3 times a day) tablet
	FETZIMA ⁵	Anxiety/Depression/Bipolar Disorder	bupropion sr, duloxetine, escitalopram, sertraline, venlafaxine er
	HETLIOZ ⁶	Sleep Disorders	tasimelteon
	HYZAAR ⁴	Blood Pressure/Heart Medications	losartan-hctz
	INVEGA ER TABLET ⁴	Schizophrenia/Anti-Psychotics	paliperidone er tablet
	LOVENOX	Blood Thinners/Anti-Clotting	enoxaparin
	MICARDIS ⁴	Blood Pressure/Heart Medications	telmisartan
	NAMENDA	Alzheimer's Disease	memantine
	NAMENDA XR	Alzheimer's Disease	memantine er capsule
	NAMZARIC	Alzheimer's Disease	memantine-donepezil
	NEURONTIN ⁵	Seizure Disorders	gabapentin
	NEXIUM 2.5 MG, 5 MG PACKET	Gastrointestinal/Heartburn	esomeprazole

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Performance Prescription Drug List (cont.)

Medications that will no longer be covered — and their covered alternatives.³ (cont.)

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	ONETOUCH TEST STRIP	Diabetes	FREESTYLE, TRUE METRIX TEST STRIP
	ONFI ORAL SUSPENSION, TABLET ⁵	Seizure Disorders	clobazam
	PREVACID DR ⁴	Gastrointestinal/Heartburn	lansoprazole
	PROSCAR	Urinary Tract Conditions	finasteride
	PROTONIX ⁴	Gastrointestinal/Heartburn	pantoprazole
	RAPAFLO	Urinary Tract Conditions	silodosin
	sajazir	Blood Pressure/ Heart Medications	icatibant
	STELARA 130 MG VIAL ⁷	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	TRIBENZOR	Blood Pressure/ Heart Medications	olmesartan-amlodipine-hctz
	TIKOSYN ⁵	Blood Pressure/ Heart Medications	dofetilide
	TYKERB ⁵	Cancer	lapatinib
	USTEKINUMAB 130 MG VIAL ⁷	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	VELCADE ⁷	Cancer	bortezomib

Medications that will be non-preferred under the Cigna Healthcare medical benefit.*

There are preferred medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	Preferred medications
January 1	STELARA 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	USTEKINUMAB 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK

* Some medications are covered under the pharmacy benefit, some are covered under the medical benefit and others are covered under both benefits. Medications that are injected or infused and are given to you at a doctor's office, hospital, an infusion center or at home are typically covered under the medical benefit.

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Value Prescription Drug List

Medications that will move to a lower tier, be preferred or be added to the drug list.

These medications may cost you less to fill.

Date Change Starts	Medication Name	Drug Class	More Information
January 1	FREESTYLE TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)
	TRUE METRIX TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)

Medications that will need approval (prior authorization) before they can be covered.²

Your doctor's office will have to send us information to review to make sure you meet coverage rules (requirements).

Date Change Starts	Medication Name	Drug Class
January 1	liraglutide	Diabetes

Medications that will no longer be covered — and their covered alternatives.³

There are other medications on your drug list that treat the same conditions. We've listed some covered options below.

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	ACTIVELLA	Hormonal Agents	generic ACTIVELLA (mimvey, estradiol-norethindrone, amabelz)
	ACTONEL ⁴	Osteoporosis Products	risedronate
	ADDERALL ⁵	Attention Deficit Hyperactivity Disorder	dextroamphetamine-amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	ARAVA	Pain Relief and Inflammatory Disease	leflunomide
	ARICEPT	Alzheimer's Disease	donepezil
	CARDURA	Blood Pressure/Heart Medications	doxazosin
	CATAPRES-TTS	Blood Pressure/Heart Medications	clonidine patch
	CORLANOR 5 MG, 7.5 MG ⁶	Blood Pressure/Heart Medications	ivabradine tablet
	DALIRESP	Asthma/COPD/Respiratory	roflumilast
	EFFIENT	Blood Thinners/Anti-Clotting	prasugrel

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Value Prescription Drug List (cont.)

Medications that will no longer be covered — and their covered alternatives.³ (cont.)

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	EVEKEO ⁵	Attention Deficit Hyperactivity Disorder	amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	EVISTA	Osteoporosis Products	raloxifene
	FERRIPROX 500 MG, 1,000 MG (3 TIMES/DAY) TABLET ⁶	Miscellaneous	deferiprone 500 mg, 1,000 mg tablet (3 times a day) tablet
	FETZIMA ⁵	Anxiety/Depression/ Bipolar Disorder	bupropion sr, duloxetine, escitalopram, sertraline, venlafaxine er
	HETLIOZ ⁶	Sleep Disorders	tasimelteon
	INVEGA ER TABLET ⁴	Schizophrenia/ Anti-Psychotics	paliperidone er tablet
	LOVENOX	Blood Thinners/ Anti-Clotting	enoxaparin
	NAMENDA	Alzheimer's Disease	memantine
	NAMENDA XR	Alzheimer's Disease	memantine er capsule
	NAMZARIC	Alzheimer's Disease	memantine-donepezil
	NEURONTIN ⁵	Seizure Disorders	gabapentin
	NEXIUM 2.5 MG, 5 MG PACKET	Gastrointestinal/Heartburn	esomeprazole
	ONETOUCH TEST STRIP	Diabetes	FREESTYLE, TRUE METRIX TEST STRIP
	ONFI ORAL SUSPENSION, TABLET ⁵	Seizure Disorders	clobazam
	PROSCAR	Urinary Tract Conditions	finasteride
	RAPAFLO	Urinary Tract Conditions	silodosin
	sajazir	Blood Pressure/ Heart Medications	icatibant
	TIKOSYN ⁵	Blood Pressure/ Heart Medications	dofetilide
	TYKERB ⁵	Cancer	lapatinib

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Cigna Healthcare Value Prescription Drug List (cont.)

Medications that will be non-preferred under the Cigna Healthcare medical benefit.*

There are preferred medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	Preferred medications
January 1	STELARA 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	USTEKINUMAB 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK

* Some medications are covered under the pharmacy benefit, some are covered under the medical benefit and others are covered under both benefits. Medications that are injected or infused and are given to you at a doctor's office, hospital, an infusion center or at home are typically covered under the medical benefit.

Cigna Healthcare Advantage Prescription Drug List

Medications that will move to a lower tier, be preferred or be added to the drug list.

These medications may cost you less to fill.

Date Change Starts	Medication Name	Drug Class	More Information
January 1	FREESTYLE TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)
	FREESTYLE GLUCOMETER	Diabetes	This product will be a preferred brand (Tier 2)
	TRUE METRIX TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)
	TRUE METRIX, TRUE METRIX AIR GLUCOMETER	Diabetes	This product will be a preferred brand (Tier 2)

Medications that will be covered on a higher tier.

These medications may cost you more to fill. There are lower-cost medications on your drug list that treat the same conditions. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	New Tier	Generic and/or Preferred Brand Medications
January 1	ONE TOUCH GLUCOMETER	Diabetes	3	FREESTYLE, TRUE METRIX, ACCU-CHEK GLUCOMETER

Medications that will need approval (prior authorization) before they can be covered.²

Your doctor's office will have to send us information to review to make sure you meet coverage rules (requirements).

Date Change Starts	Medication Name	Drug Class
January 1	liraglutide	Diabetes

Medications that will no longer be covered — and their covered alternatives.³

There are other medications on your drug list that treat the same conditions. We've listed some covered options below.

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	ACTIVELLA	Hormonal Agents	generic ACTIVELLA (mimvey, estradiol-norethindrone, amabelz)
	ACTONEL ⁴	Osteoporosis Products	risedronate
	ADDERALL ⁵	Attention Deficit Hyperactivity Disorder	dextroamphetamine-amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Advantage Prescription Drug List (cont.)

Medications that will no longer be covered — and their covered alternatives.³ (cont.)

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	ARAVA	Pain Relief and Inflammatory Disease	leflunomide
	ARICEPT	Alzheimer's Disease	donepezil
	CARDURA	Blood Pressure/Heart Medications	doxazosin
	CATAPRES-TTS	Blood Pressure/Heart Medications	clonidine patch
	CORLANOR 5 MG, 7.5 MG ⁶	Blood Pressure/Heart Medications	ivabradine tablet
	DALIRESP	Asthma/COPD/Respiratory	roflumilast
	EFFIENT	Blood Thinners/Anti-Clotting	prasugrel
	EVEKEO ⁵	Attention Deficit Hyperactivity Disorder	amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	EVISTA	Osteoporosis Products	raloxifene
	FERRIPROX 500 MG, 1,000 MG (3 TIMES/DAY) TABLET ⁶	Miscellaneous	deferiprone 500 mg, 1,000 mg tablet (3 times a day) tablet
	FETZIMA ⁵	Anxiety/Depression/Bipolar Disorder	bupropion sr, duloxetine, escitalopram, sertraline, venlafaxine er
	HETLIOZ ⁶	Sleep Disorders	tasimelteon
	INVEGA ER TABLET ⁴	Schizophrenia/Anti-Psychotics	paliperidone er tablet
	LOVENOX	Blood Thinners/Anti-Clotting	enoxaparin
	NAMENDA	Alzheimer's Disease	memantine
	NAMENDA XR	Alzheimer's Disease	memantine er capsule
	NAMZARIC	Alzheimer's Disease	memantine-donepezil
	NEURONTIN ⁵	Seizure Disorders	gabapentin
	NEXIUM 2.5 MG, 5 MG PACKET	Gastrointestinal/Heartburn	esomeprazole
	ONETOUCH TEST STRIP	Diabetes	FREESTYLE, TRUE METRIX TEST STRIP
	ONFI ORAL SUSPENSION, TABLET ⁵	Seizure Disorders	clobazam
	PROSCAR	Urinary Tract Conditions	finasteride
	RAPAFLO	Urinary Tract Conditions	silodosin
	sajazir	Blood Pressure/Heart Medications	icatibant
	STELARA 130 MG VIAL ⁷	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	TIKOSYN ⁵	Blood Pressure/Heart Medications	dofetilide

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Advantage Prescription Drug List (cont.)

Medications that will no longer be covered — and their covered alternatives.³ (cont.)

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	TYKERB ⁵	Cancer	lapatinib
	USTEKINUMAB 130 MG VIAL ⁷	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	VELCADE ⁷	Cancer	bortezomib

Medications that will be non-preferred under the Cigna Healthcare medical benefit.*

There are preferred medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	Preferred medications
January 1	STELARA 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	USTEKINUMAB 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK

* Some medications are covered under the pharmacy benefit, some are covered under the medical benefit and others are covered under both benefits. Medications that are injected or infused and are given to you at a doctor's office, hospital, an infusion center or at home are typically covered under the medical benefit.

Cigna Healthcare Legacy (Standard) Prescription Drug List

Medications that will move to a lower tier, be preferred or be added to the drug list.

These medications may cost you less to fill.

Date Change Starts	Medication Name	Drug Class	More Information
January 1	AUVELITY	Anxiety/Depression/ Bipolar Disorder	This medication will: <ul style="list-style-type: none"> • Be added to the drug list as a preferred brand (Tier 2) and • Require Step Therapy²
	FREESTYLE TEST STRIP	Diabetes	This product will be a preferred brand (Tier 2)
	TRUE METRIX TEST STRIP	Diabetes	This product will be a preferred brand (Tier 2)

Medications that will be covered on a higher tier or be non-preferred.

These medications may cost you more to fill. There are lower-cost medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	New Tier	Generic and/or Preferred Brand Medications
January 1	CORLANOR 5 MG, 7.5 MG ⁶	Blood Pressure/ Heart Medications	2	ivabradine tablet
	NEXIUM 2.5 MG, 5 MG PACKET*	Gastrointestinal/ Heartburn	2	esomeprazole
	ONE TOUCH TEST STRIP*	Diabetes	3	FREESTYLE, TRUE METRIX TEST STRIP

* Starting January 1, this medication will also need approval (prior authorization) from Cigna Healthcare to be covered. Not all plans require prior authorization. Log in to the myCigna App or myCigna.com, or check your plan materials, to see if yours does.

Medications that will need approval (prior authorization) before they can be covered.²

Your doctor's office will have to send us information to review to make sure you meet coverage rules (requirements).

Date Change Starts	Medication Name	Drug Class
January 1	ACTIVELLA	Hormonal Agents
	ACTONEL ⁹	Osteoporosis Products
	ARAVA	Pain Relief and Inflammatory Disease
	ARICEPT	Alzheimer's Disease
	AVALIDE ⁵	Blood Pressure/Heart Medications
	CARDURA	Blood Pressure/Heart Medications
	CATAPRES-TTS	Blood Pressure/Heart Medications

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Cigna Healthcare Legacy (Standard) Prescription Drug List (cont.)

Medications that will need approval (prior authorization) before they can be covered.² (cont.)

Date Change Starts	Medication Name	Drug Class
January 1	CLARINEX	Allergy/Nasal Sprays
	DALIRESP	Asthma/COPD/Respiratory
	EFFIENT	Blood Thinners/Anti-Clotting
	EVISTA	Osteoporosis Products
	FETZIMA ⁵	Anxiety/Depression/Bipolar Disorder
	HYZAAR ⁵	Blood Pressure/Heart Medications
	INVEGA ER TABLET ⁹	Schizophrenia/Anti-Psychotics
	liraglutide	Diabetes
	LOVENOX	Blood Thinners/Anti-Clotting
	MICARDIS ⁵	Blood Pressure/Heart Medications
	NAMENDA	Alzheimer's Disease
	NAMENDA XR	Alzheimer's Disease
	NAMZARIC	Alzheimer's Disease
	PREVACID DR ⁵	Gastrointestinal/Heartburn
	PROSCAR	Urinary Tract Conditions
	PROTONIX ⁵	Gastrointestinal/Heartburn
	RAPAFLO	Urinary Tract Conditions
	TRIBENZOR	Blood Pressure/Heart Medications

Medications that will be non-preferred under the Cigna Healthcare medical benefit.*

There are preferred medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	Preferred medications
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	USTEKINUMAB 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK

* Some medications are covered under the pharmacy benefit, some are covered under the medical benefit and others are covered under both benefits. Medications that are injected or infused and are given to you at a doctor's office, hospital, an infusion center or at home are typically covered under the medical benefit.

Cigna Healthcare Legacy (Performance) Prescription Drug List

Medications that will move to a lower tier, be preferred or be added to the drug list.

These medications may cost you less to fill.

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	FREESTYLE GLUCOMETER	Diabetes	This product will be a preferred brand (Tier 2)
	TRUE METRIX TEST STRIP	Diabetes	This product will be a preferred brand (Tier 2)
	TRUE METRIX, TRUE METRIX AIR GLUCOMETER	Diabetes	This product will be a preferred brand (Tier 2)

Medications that will be covered on a higher tier or be non-preferred.

These medications may cost you more to fill. There are lower-cost medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	New Tier	Generic and/or Preferred Brand Medications
January 1	CORLANOR 5 MG, 7.5 MG ⁶	Blood Pressure/ Heart Medications	2	ivabradine tablet
	NEXIUM 2.5 MG, 5 MG PACKET*	Gastrointestinal/ Heartburn	2	esomeprazole
	ONE TOUCH GLUCOMETER	Diabetes	3	FREESTYLE, TRUE METRIX, ACCU-CHEK GLUCOMETER
	ONE TOUCH TEST STRIP*	Diabetes	3	FREESTYLE, TRUE METRIX TEST STRIP
	STELARA 130 MG VIAL ⁹	Pain Relief and Inflammatory Disease	3	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	USTEKINUMAB 130 MG VIAL ⁹	Pain Relief and Inflammatory Disease	3	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	VELCADE ⁷	Cancer	2	bortezomib

* Starting January 1, this medication will also need approval (prior authorization) from Cigna Healthcare to be covered. Not all plans require prior authorization. Log in to the myCigna App or myCigna.com, or check your plan materials, to see if yours does.

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Legacy (Performance) Prescription Drug List (cont.)

Medications that will need approval (prior authorization) before they can be covered.²

Your doctor's office will have to send us information to review to make sure you meet coverage rules (requirements).

Date Change Starts	Medication Name	Drug Class
January 1	ACTIVELLA	Hormonal Agents
	ACTONEL ⁹	Osteoporosis Products
	ARAVA	Pain Relief and Inflammatory Disease
	ARICEPT	Alzheimer's Disease
	AVALIDE ⁵	Blood Pressure/Heart Medications
	CARDURA	Blood Pressure/Heart Medications
	CATAPRES-TTS	Blood Pressure/Heart Medications
	CLARINEX	Allergy/Nasal Sprays
	DALIRESP	Asthma/COPD/Respiratory
	EFFIENT	Blood Thinners/Anti-Clotting
	EVISTA	Osteoporosis Products
	FETZIMA ⁵	Anxiety/Depression/Bipolar Disorder
	HYZAAR ⁵	Blood Pressure/Heart Medications
	INVEGA ER TABLET ⁹	Schizophrenia/Anti-Psychotics
	liraglutide	Diabetes
	LOVENOX	Blood Thinners/Anti-Clotting
	MICARDIS ⁵	Blood Pressure/Heart Medications
	NAMENDA	Alzheimer's Disease
	NAMENDA XR	Alzheimer's Disease
	NAMZARIC	Alzheimer's Disease
	PREVACID DR ⁵	Gastrointestinal/Heartburn
	PROSCAR	Urinary Tract Conditions
	PROTONIX ⁵	Gastrointestinal/Heartburn
	RAPAFLO	Urinary Tract Conditions
	TRIBENZOR	Blood Pressure/Heart Medications

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Legacy (Performance) Prescription Drug List (cont.)

Medications that will be non-preferred under the Cigna Healthcare medical benefit.*

There are preferred medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	Preferred medications
January 1	STELARA 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	USTEKINUMAB 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK

* Some medications are covered under the pharmacy benefit, some are covered under the medical benefit and others are covered under both benefits. Medications that are injected or infused and are given to you at a doctor's office, hospital, an infusion center or at home are typically covered under the medical benefit.

Cigna Healthcare Total Savings Prescription Drug List

Medications that will move to a lower tier, be preferred or be added to the drug list.

These medications may cost you less to fill.

Date Change Starts	Medication Name	Drug Class	More Information
January 1	FREESTYLE TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)
	TRUE METRIX TEST STRIP	Diabetes	This product will be added to the drug list as a preferred brand (Tier 2)

Medications that will need approval (prior authorization) before they can be covered.²

Your doctor's office will have to send us information to review to make sure you meet coverage rules (requirements).

Date Change Starts	Medication Name	Drug Class
January 1	liraglutide	Diabetes

Medications that will no longer be covered — and their covered alternatives.³

There are other medications on your drug list that treat the same conditions. We've listed some covered options below.

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	ACTIVELLA	Hormonal Agents	generic ACTIVELLA (mimvey, estradiol-norethindrone, amabelz)
	ACTONEL ⁴	Osteoporosis Products	risedronate
	ADDERALL ⁵	Attention Deficit Hyperactivity Disorder	dextroamphetamine-amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	ARAVA	Pain Relief and Inflammatory Disease	leflunomide
	ARICEPT	Alzheimer's Disease	donepezil
	CARDURA	Blood Pressure/Heart Medications	doxazosin
	CATAPRES-TTS	Blood Pressure/Heart Medications	clonidine patch
	CORLANOR 5 MG, 7.5 MG ⁶	Blood Pressure/Heart Medications	ivabradine tablet
	DALIRESP	Asthma/COPD/Respiratory	roflumilast
	EFFIENT	Blood Thinners/Anti-Clotting	prasugrel

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Total Savings Prescription Drug List (cont.)

Medications that will no longer be covered — and their covered alternatives.³ (cont.)

Date Change Starts	Medication Name	Drug Class	Generic and/or Preferred Brand Medications
January 1	EVEKEO ⁵	Attention Deficit Hyperactivity Disorder	amphetamine, dexamethylphenidate, dextroamphetamine, methamphetamine, methylphenidate
	EVISTA	Osteoporosis Products	raloxifene
	FERRIPROX 500 MG, 1,000 MG (3 TIMES/DAY) TABLET ⁶	Miscellaneous	deferiprone 500 mg, 1,000 mg tablet (3 times a day) tablet
	FETZIMA ⁵	Anxiety/Depression/ Bipolar Disorder	bupropion sr, duloxetine, escitalopram, sertraline, venlafaxine er
	HETLIOZ ⁶	Sleep Disorders	tasimelteon
	INVEGA ER TABLET ⁴	Schizophrenia/ Anti-Psychotics	paliperidone er tablet
	LOVENOX	Blood Thinners/ Anti-Clotting	enoxaparin
	NAMENDA	Alzheimer's Disease	memantine
	NAMENDA XR	Alzheimer's Disease	memantine er capsule
	NAMZARIC	Alzheimer's Disease	memantine-donepezil
	NEURONTIN ⁵	Seizure Disorders	gabapentin
	NEXIUM 2.5 MG, 5 MG PACKET	Gastrointestinal/Heartburn	esomeprazole
	ONETOUCH TEST STRIP	Diabetes	FREESTYLE, TRUE METRIX TEST STRIP
	PROSCAR	Urinary Tract Conditions	finasteride
	RAPAFLO	Urinary Tract Conditions	silodosin
	sajazir	Blood Pressure/ Heart Medications	icatibant
	TIKOSYN ⁵	Blood Pressure/ Heart Medications	dofetilide
	TYKERB ⁵	Cancer	lapatinib

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.

Cigna Healthcare Total Savings Prescription Drug List (cont.)

Medications that will be non-preferred under the Cigna Healthcare medical benefit.*

There are preferred medications available that treat the same condition. We've listed some options below.

Date Change Starts	Medication Name	Drug Class	Preferred medications
January 1	STELARA 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK
	USTEKINUMAB 130 MG VIAL ⁸	Pain Relief and Inflammatory Disease	SELARSDI, USTEKINUMAB-TTWE, YESINTEK

* Some medications are covered under the pharmacy benefit, some are covered under the medical benefit and others are covered under both benefits. Medications that are injected or infused and are given to you at a doctor's office, hospital, an infusion center or at home are typically covered under the medical benefit.



1. **Important information about the changes listed in this flyer.** Certain state laws may require these changes to start at a later date. For example, if we're making a change to your medication on January 1 but your new plan year doesn't start until November 1, the change(s) won't affect you until November 1. To find out if these laws apply to you, please call the number on your ID card.
 - **Connecticut, Louisiana, Nevada, New York and Texas:** Your plan may be required to continue covering your medication as it is now, until your new plan year starts.
 - **Illinois:** If you currently have approval from Cigna Healthcare for your medication to be covered, your plan may be required to continue covering your medication as it is now, until your new plan year starts.
2. **This change may not affect you.** Not all plans have extra coverage rules (requirements) on medications. Log in to the myCigna App or myCigna.com, or check your plan materials, to see if yours does.
3. If your doctor feels a different medication isn't right for you, your doctor's office can ask us to cover this medication. Ask your doctor's office to contact us to start the coverage review process or to appeal the denial of coverage. Your doctor's office knows how the process works and will take care of everything for you. If you don't get approval and continue to fill this medication on or after January 1, it won't be covered. You can still fill it (without using your plan/insurance), but you'll pay its full price at the pharmacy counter. And, if you do this, your costs can't be applied to your annual deductible or out-of-pocket maximum.
4. **If you currently have approval (prior authorization) from Cigna Healthcare for this medication to be covered, your plan will continue to cover it through December 31 (or the date you were approved through), whichever comes first.** After that time, it will no longer be covered.
5. **This change only affects customers filling a prescription for this medication for the first time on or after January 1.** If you currently have approval (prior authorization) from Cigna Healthcare for your plan to cover this medication, your plan will keep covering it as long as your prescription doesn't change.
6. If you currently have approval (prior authorization) from Cigna Healthcare for this medication to be covered, we're changing that approval. As of January 1, you'll no longer have approval (prior authorization) to fill the brand-name medication. Instead, **your approval will only be for its generic version**, which your plan will cover until your current approval period ends.
7. If you currently have approval (prior authorization) from Cigna Healthcare for this medication to be covered, your plan will keep covering it until your approval period ends. After that time, it will no longer be covered.
8. If you currently have approval (precertification) from Cigna Healthcare for this medication to be covered under your medical benefit, your plan will keep covering it until your approval period ends. After that time, it will no longer be covered under your medical benefit.
9. If you currently have approval (prior authorization) from Cigna Healthcare for this medication to be covered, your plan will keep covering it until your approval period ends. After that time, it will no longer be covered.

Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the U.S. Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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Discrimination is against the law

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Cigna Healthcare does not exclude people or treat them less favorably differently because of race, color, national origin, age, disability, sex, ancestry, religion, marital status, gender, sexual orientation, gender identity or sexual stereotypes.

Cigna Healthcare:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language assistance services to people whose primary language is not English in a timely manner, such as:
 - Qualified interpreters
 - Information written in other languages



If you need reasonable modifications, appropriate auxiliary aids and services or language assistance services, contact the Civil Rights Coordinator.

If you believe that Cigna Healthcare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, ancestry, religion, marital status, gender, sexual orientation, gender identity or sexual stereotypes, you can file a grievance with the Civil Rights Coordinator

P.O. Box 188016, Chattanooga, TN 37422,
877.822.6561 (TTY: Dial 711)

ACAGrievance@CignaHealthcare.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services:
200 Independence Avenue,
SW Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)

Complaint forms are available at
<https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html>

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Proficiency of Language Assistance Services

English – ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-244-6224 (TTY: Dial 711) or speak to your provider.

Spanish – ATENCIÓN: Si habla español, los servicios de asistencia lingüística gratuitos están disponibles para usted. También están disponibles de forma gratuita ayudas y servicios auxiliares adecuados para proporcionar información en formatos accesibles. Llame al 1-800-244-6224 (TTY: Marque 711) o hable con su proveedor.

Chinese – 注意: 如果您讲中文, 我们提供免费的语言援助服务。适当的辅助设备和服务也可以免费提供, 以提供无障碍格式的信息。请拨打 1-800-244-6224 (TTY: 拨打 711) 或与您的服务提供者联系。

Vietnamese – XIN LƯU Ý: Nếu bạn nói tiếng Viet, dịch vụ hỗ trợ ngôn ngữ miễn phí có sẵn cho bạn. Các thiết bị và dịch vụ hỗ trợ phù hợp để cung cấp thông tin ở định dạng có thể tiếp cận cũng có sẵn miễn phí. Gọi số 1-800-244-6224 (TTY: Gọi 711) hoặc nói chuyện với nhà cung cấp của bạn).

Korean – 주의: 한국어를 사용하시는 경우, 무료 언어 지원 서비스가 제공됩니다. 접근 가능한 형식으로 정보를 제공하기 위한 적절한 보조 기기 및 서비스도 무료로 제공됩니다. 1-800-244-6224 (TTY: 711 로 전화) 로 전화하시거나 제공자에게 문의하십시오.

Tagalog – PAUNAWA: Kung ikaw ay nagsasalita ng Tagalog, ang mga libreng serbisyo ng tulong sa wika ay magagamit para sa iyo. Ang mga angkop na pantulong na kagamitan at serbisyo upang magbigay ng impormasyon sa mga naa-access na format ay magagamit din ng libre. Tumawag sa 1-800-244-6224 (TTY: Tumawag sa 711) o makipag-usap sa iyong tagapagbigay.

Russian – ВНИМАНИЕ: Если вы говорите на русском, доступны бесплатные услуги языковой помощи. Также бесплатно предоставляются соответствующие вспомогательные средства и услуги для предоставления информации в доступных форматах. Позвоните по телефону 1-800-244-6224 (TTY: Наберите 711) или обратитесь к вашему провайдеру.

Arabic - تنبيه: إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر أيضًا مساعدات قابلة للوصول إليها، وذلك مجانًا. اتصل بالرقم 1-800-244-6224 (TTY: 711 اطلب بك) أو تحدث إلى مقدم الخدمة الخاص بك (اطلب 711).

French Creole – ATANSYON: Si ou pale Kreyòl Ayisyen, sèvis asistans lang gratis yo disponib pou ou. Ekipman ak sèvis adisyonèl ki apwopriye pou bay enfòmasyon nan fòm ki aksesib yo disponib tou gratis. Rele 1-800-244-6224 (TTY: Rele 711) oswa pale ak founisè ou a.

French – ATTENTION : Si vous parlez français, des services d'assistance linguistique gratuits sont disponibles pour vous. Des aides et des services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-800-244-6224 (TTY : composez le 711) ou parlez à votre fournisseur.

Portuguese – ATENÇÃO: Se você fala português, serviços gratuitos de assistência linguística estão disponíveis para você. Auxílios e serviços apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-800-244-6224 (TTY: disque 711) ou fale com seu prestador de serviços.

Polish – UWAGA: Jeśli mówisz po polsku, dostępne są bezpłatne usługi pomocy językowej. Odpowiednie pomoce i usługi wspierające w celu dostarczenia informacji w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 1-800-244-6224 (TTY: wybierz 711) lub skontaktuj się ze swoim dostawcą usług.

Japanese – 注意: 日本語を話す場合は、無料の言語支援サービスが利用できます。アクセス可能な形式で情報を提供するための適切な補助機器やサービスも無料で利用できます。1-800-244-6224 (TTY: 711 にダイヤル) に電話するか、提供者に話してください。

Italian – ATTENZIONE: Se parli italiano, sono disponibili per te servizi gratuiti di assistenza linguistica. Sono disponibili gratuitamente anche ausili e servizi appropriati per fornire informazioni in formati accessibili. Chiama il numero 1-800-244-6224 (TTY: componi il 711) o parla con il tuo fornitore.

German – Achtung: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistentendienste zur Verfügung. Geeignete Hilfsmittel und Dienste, um Informationen in barrierefreien Formaten bereitzustellen, sind ebenfalls kostenlos verfügbar. Rufen Sie 1-800-244-6224 an (TTY: Wählen Sie 711) oder sprechen Sie mit Ihrem Anbieter.

Persian (Farsi) - همچنین، وسایل و خدمات کمکی مناسب برای در دسترس است. خدمات رایگان کمک زبان برای شما صحبت می‌کنند، توجه: اگر به فارسی تماس بگیرید یا با (شماره 711 را بگیرید) ارائه اطلاعات در قالبهای قابل دسترس به صورت رایگان در دسترس هستند. با شماره 1-800-244-6224. ارائه‌دهنده خود صحبت کنید