

# WORRIED YOU MIGHT HAVE COVID-19?

Cigna is here to help.

If you believe you are sick with COVID-19, we're here with useful tools and resources to help you access the care you need when you need it.

## First things first: check your COVID-19 symptoms

Use the Coronavirus self-checker tool from the CDC to determine if you are at risk for COVID-19.

## Connect with a provider: you have options

In compliance with [The Families First Coronavirus Response Act](#) and Department of Health and Human Services guidance, Cigna health plans will cover individualized COVID-19 diagnostic tests and related visits without customer cost share through the public health emergency.\* Virtual medical care is the most convenient and safest way to get the medical attention you may need without leaving home. Contact your PCP, or connect with a virtual care provider on [myCigna.com](#).

[CHECK SYMPTOMS](#)

[FIND IN-NETWORK CARE](#)

[CONNECT NOW](#)

## Access testing if you need it

If directed by your provider or by the Coronavirus self-checker tool from the CDC, you can access testing in the following ways. Cigna is waiving out-of-pocket costs for **FDA-approved COVID-19 diagnostic tests**.\*\*

### Visit a COVID-19 testing center

Your provider will help you determine if you need testing and, if so, where to go.

You may also search online by typing "COVID-19 testing sites near me" in your internet browser.

### Access COVID-19 testing at home

At-home specimen collection kits that are FDA EUA-approved (such as the Pixel by LabCorp testing kit) will be covered by Cigna (cost share waived) when medically necessary based on a provider's guidance or symptoms. To order the Pixel by LabCorp test kit, go to <https://www.pixel.labcorp.com/cigna>.

- ▶ Complete an online screening.
- ▶ Provide your Cigna insurance information.
- ▶ LabCorp will mail your specimen kit to you.
- ▶ Collect your own specimen by following the detailed instructions.
- ▶ Return the kit to LabCorp using the prepaid mailer.

*Results are available 1-3 days after sample is received at lab. Must be 18 or older. Not available in Puerto Rico.*



For up-to-date information and resources, visit our COVID-19 Resource Center at [Cigna.com/COVID19](https://www.cigna.com/COVID19).

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

\* This COVID-19 treatment policy applies to customers in the United States who are covered under Cigna's employer-union-sponsored insured group health plans, insured plans for US-based globally mobile individuals, and Medicare Advantage and Individual and Family Plans (IFP). Cigna will also administer the waiver to self-insured group health plans, and the company encourages widespread participation, although these plans will have an opportunity to opt out of the waiver option. Through January 15, 2022.

\*\* If you have symptoms of COVID-19 or are exposed to COVID-19 - diagnostic testing is covered. For reasons such as return to work and surveillance testing, refer to your plan design as many benefit plans do not cover such testing. [View Coverage Policy](#).

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