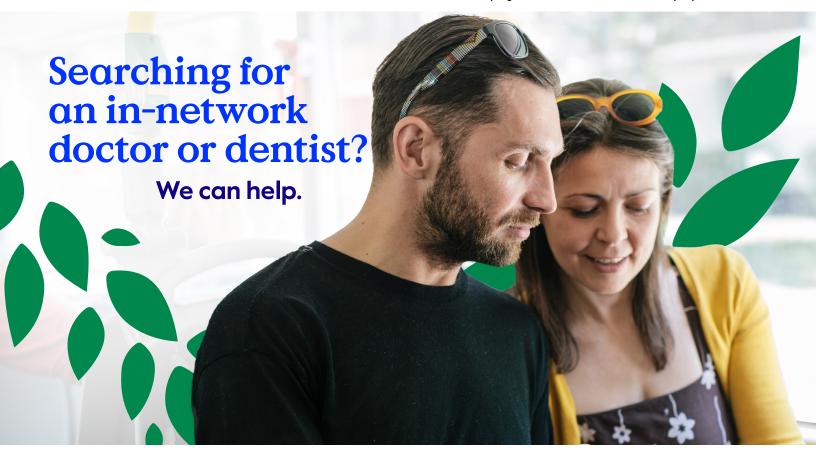


Individual and Family Plans

Offered by Cigna Health and Life Insurance Company or its affiliates



Don't just get insured. Get reassured with top docs in the Cigna Healthcare network.

You like your doctor – we totally get that. To make sure that they're in the Cigna HealthcaresM network, just search our preferred provider directory. In a few easy steps, you'll be able to check out all the doctors, dentists and hospitals within our network – and you might even find some better, cost-saving options along the way.

How to search the Cigna Healthcare provider directory:*

- I. Visit Cigna.com® and click on "Find a Doctor" at the top of the page. Under "How are you Covered?" select "Healthcare.gov" or "Direct Purchase."
- 2. Choose the geographic location by city/state or zip code.
- 3. Select your plan type medical or dental as well as the network.
- 4. Search by provider name, specialty or health facility and check out our suggestions. Or you can click the magnifying glass icon to see your results.

Already enrolled? Your search will still be a cinch.

Just log in to **myCigna.com®** to find an in-network provider and so much more. From tools that'll help you calculate costs to real patient reviews, you'll be able to manage your whole health plan from one convenient place. Plus, you can have virtual care visits via phone or video.**



Ready for a health insurer that wants to make things easier?

Contact your broker and enroll in a plan today.

Product availability may vary by location and plan type and is subject to change. All health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative. Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company, Cigna HealthCare of Arizona, Inc., Cigna HealthCare of Georgia, Inc., Cigna HealthCare of Illinois, Inc., Cigna HealthCare of North Carolina, Inc., and Cigna HealthCare of Texas, Inc. The Cigna Healthcare name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

^{*}Just because a health care provider is listed in the directory doesn't mean that your health plan will cover all services. Look at your official plan documents, or call the number listed on your ID card for information about the services your plan covers.

^{**}Cigna Healthcare provides access to virtual care through national telehealth providers as part of your plan. This service is separate from your health plan's network and may not be available in all areas or under all plans. Referrals are not required. Video may not be available in all areas or with all providers. Refer to plan documents for complete description of virtual care services and costs.