

# Heart health

Manage your heart while maintaining your budget.

Introducing the new Cigna Healthcare® myHeart Care Plan.\* Now you can take care of your heart without worrying about the cost. Get heart health benefits for \$0, including select medications and services such as cardiac electrocardiograms (ECGs), cardiac panels and cardiac rehabilitation.

## **\$0 cost-share (deductible-waived) medications**

- AMIODARONE HCL tablet
- DIGOXIN oral solution
- DIGOXIN tablet
- ENTRESTO® tablet
- FARXIGA® tablet
- FLECAINIDE ACETATE tablet
- JARDIANCE® tablet
- PACERONE® 200MG tablet
- SOTALOL HCL AF tablet
- SOTALOL HCL tablet

## **\$0 cost-share (deductible-waived) services**

- Electrocardiogram, routine ECG with at least 12 leads; with interpretation and report
- Electrocardiogram, routine ECG with at least 12 leads; tracing only, without interpretation and report
- Electrocardiogram, routine ECG with at least 12 leads; interpretation and report only
- Rhythm ECG, 1–3 leads; with interpretation and report
- Rhythm ECG, 1–3 leads; tracing only without interpretation and report
- Rhythm ECG, 1–3 leads; interpretation and report only
- Basic metabolic panel
- Comprehensive metabolic panel
- Lipid panel
- Cardiac rehabilitation

## **Individual and Family Plans**

Offered by Cigna Health and Life Insurance Company or its affiliates.

## Get additional virtual care support for all plans with Heartbeat Health

Heartbeat Health\*\* is a national cardiology practice that offers prevention, management and treatment of heart conditions. Get easy and convenient access to an in-network cardiologist, physician assistant or nurse practitioner from anywhere, including the comfort of your home.

For more info or to get started, visit [heartbeathealth.com](https://heartbeathealth.com)

### Questions? We're here to help.

**Call: 877.484.5966**, Monday–Friday, 8:00am–8:00pm EST. Or, if you need language assistance or have a disability, call 800.244.6224 (TTY 711) at no cost to you.

**Chat: Visit [myCigna.com](https://myCigna.com)** and start up a chat Monday–Friday, 9:00 am–8:00 pm EST.



\*Plans will only be introduced in these states: IL, MS, TN, and VA. No bronze plans, only silver or gold plans for 2026, but not both.

\*\*Heartbeat Health® is an independent third-party service provider. Cigna Healthcare does not endorse or guarantee the products or services of any third parties and is not liable for any such products or services. Heartbeat Health and its providers are solely responsible for any treatment provided to their patients. Benefits are subject to plan terms and conditions, including exclusions and limitations.

Product availability may vary by location and plan type and is subject to change. All health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

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