

Preventive Medications Drug List

As of January 1, 2026

Preventive medications can help keep you from getting certain long-term health conditions. They improve your chances of staying well and living longer.¹

About this drug list

This is a list of the most common preventive medications health care providers write prescriptions for.

- Medications are listed in alphabetical order (A-Z) by condition.
- Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.
- This drug list doesn't show the preventive medications that are covered at no cost-share (\$0) under the Patient Protection and Affordable Care Act (PPACA)'s preventive services coverage requirement.
- **The drug list is updated on a regular basis;** so, this document may not show all of the preventive medications your plan covers. Also, your plan may not cover every medication on this list.

Log in to the myCigna® App² or **myCigna.com**® to see the most up-to-date list of medications your plan covers.

Your preventive cost-share

Not all plans have the same cost-share for preventive medications. For example, some plans have a copay, coinsurance and/or deductible; other plans don't.

Log in to the myCigna App or **myCigna.com** and use the Price a Medication tool to see how much your medication costs.³

Go generic and save



Ask your doctor if a generic preventive medication may be right for you. Generics work in the same way and provide the same clinical benefit as their brand-name versions.

They have the same active ingredient, strength and dosage form and treat the same condition(s) – and usually cost less.⁴

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Your plan may not cover all of these medications and/or conditions. Log in to the myCigna App or [myCigna.com](https://mycigna.com), or check your plan materials, to see which ones your plan covers and how much they cost to fill.

Anxiety/Depression/ Bipolar Disorder

citalopram oral solution, tablet
escitalopram
fluoxetine
fluoxetine dr
fluvoxamine
fluvoxamine er
paroxetine
sertraline oral concentrate, tablet

Asthma Related

acetylcysteine 10%, 20% vial
albuterol
albuterol hfa
ALVESCO
ANORO ELLIPTA
arformoterol
ARNUITY ELLIPTA
ASMANEX HFA
ASMANEX TWISTHALER
BREO ELLIPTA
breyna
budesonide nebulizer suspension
budesonide-formoterol
cromolyn nebulizer solution
DULERA
fluticasone-salmeterol 100-50, 250-
50, 500-50
formoterol
INCRUSE ELLIPTA
INHALER AND NEBULIZER ASSISTIVE
DEVICE

ipratropium inhalation solution
ipratropium-albuterol
levalbuterol concentrate, inhalation
solution
LEVALBUTEROL HFA
montelukast
PEAK FLOW METER
QVAR REDIHALER
roflumilast
STRIVERDI RESPIMAT
terbutaline tablet
theophylline
theophylline er
TRELEGY ELLIPTA
wixela inhub
XOLAIR
zafirlukast
zileuton er

Blood Pressure Related

acebutolol
amlodipine
amlodipine-benazepril
amlodipine-olmesartan
amlodipine-valsartan
amlodipine-valsartan-hctz
atenolol
atenolol-chlorthalidone
benazepril
benazepril-hctz
betaxolol tablet
bisoprolol
bisoprolol-hctz

candesartan
candesartan-hctz
captopril
captopril-hctz
cartia xt
chlorthalidone
dilt xr
diltiazem tablet
diltiazem 12hr er
diltiazem 24hr er
diltiazem 24hr er (cd)
diltiazem 24hr er (la)
diltiazem 24hr er (xr)
enalapril
enalapril-hctz
eprosartan
felodipine er
fosinopril
fosinopril-hctz
hydrochlorothiazide
indapamide
irbesartan
irbesartan-hctz
isradipine
lisinopril
lisinopril-hctz
losartan
losartan-hctz
matzim la
metolazone
metoprolol tablet
metoprolol er
metoprolol-hctz

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Blood Pressure Related *(Cont.)*

moexipril
nadolol
nicardipine capsule
nifedipine
nifedipine er
nisoldipine
olmesartan
olmesartan-amlodipine-hctz
olmesartan-hctz
perindopril
pindolol
propranolol oral solution, tablet
propranolol er
propranolol-hctz
quinapril
quinapril-hctz
ramipril
taztia xt
telmisartan
telmisartan-amlodipine
telmisartan-hctz
tiadylt er
timolol tablet
trandolapril
trandolapril-verapamil er
valsartan tablet
valsartan-hctz
verapamil tablet
verapamil er
verapamil er pm
verapamil sr

Blood Thinner Related

adult aspirin regimen
aspirin
aspirin ec
aspirin regimen
aspirin-dipyridamole er

BAYER CHEWABLE ASPIRIN
children's aspirin
clopidogrel
dabigatran
dipyridamole tablet
ecotrin
ELIQUIS
jantoven
low dose aspirin ec
prasugrel
rivaroxaban
SAVAYSA
ticagrelor
st. joseph aspirin
st. joseph aspirin ec
warfarin
XARELTO 10 MG, 15 MG, 20 MG
TABLET

Bowel Prep Products for Colorectal Cancer Screenings

gavilyte-c
gavilyte-g
gavilyte-n
OSMOPREP
peg 3350-electrolyte
peg3350-sodium sulfate-sodium
chloride-potassium chloride
sodium ascorbate-ascorbic acid
peg-prep
sodium sulfate-potassium sulfate-
magnesium sulfate

Cholesterol Related

amlodipine-atorvastatin
atorvastatin
cholestyramine
cholestyramine light
colesevelam
colestipol
ezetimibe

ezetimibe-simvastatin
fenofibrate capsule, tablet
fenofibric acid
fluvastatin
fluvastatin er
gemfibrozil
icosapent ethyl
lovastatin
niacin er
pravastatin
prevalite
REPATHA
rosuvastatin
simvastatin

Diabetes Related

IST TIER UNIFINE PENTIP
IST TIER UNIFINE PENTIP PLUS
acarbose
ADVOCATE PEN NEEDLE
ADVOCATE SYRINGE
APIDRA
APIDRA SOLOSTAR
AUTOSOFT 30 INFUSION SET PACK
AUTOSOFT XC INFUSION SET PACK
BASAGLAR
BD LUER-LOK SYRINGE
BYDUREON BCISE
BYETTA
CYCLOSET
DEXCOM G6 RECEIVER, SENSOR,
TRANSMITTER
DEXCOM G7 RECEIVER, SENSOR
diabetic needle
diabetic syringe
EASY COMFORT PEN NEEDLE
EASY TOUCH UNI-SLIP SYRINGE
FARXIGA
FREESTYLE LIBRE 2 READER, SENSOR
FREESTYLE LIBRE 3 READER, SENSOR

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Diabetes Related *(Cont.)*

FREESTYLE LIBRE I4 DAY READER,
SENSOR
glimepiride
glipizide 5 mg, 10 mg tablet
glipizide er
glipizide xl
glipizide-metformin
GLUCOMETER
glyburide
glyburide micronized
glyburide-metformin
HUMALOG
HUMULIN N
HUMULIN R
HUMULIN 70-30
ILET INFUSION KIT-INSET
ILET INFUSION-CONTACT DETACH
INPEN (FOR FIASP, HUMALOG OR
NOVOLOG)
insulin administrative supplies
INSULIN ASPART
INSULIN LISPRO
INSULIN PUMP SUPPLIES
insulin pump syringe
JANUMET
JANUMET XR
JANUVIA
JARDIANCE
JENTADUETO
JENTADUETO XR
lancing device/lancet
MAGELLAN INSULIN SAFETY
SYRINGE
metformin
metformin er
miglitol
MISC. DIABETES SUPPLIES (e.g.
control solution, sensors,
transmitters)

MONOJECT INSULIN SAFETY
SYRINGE
nateglinide
NOVOLOG
OMNIPOD 5 DEXG7G6 INTRO KIT,
PODS (GEN 5)
OMNIPOD 5 G6-G7 INTRO KIT, PODS
(GEN5)
OMNIPOD CLASSIC PDM KIT (GEN 3)
OMNIPOD DASH INTRO KIT, DASH
PODS (GEN 4)
OMNIPOD GO PODS
pen needle
pioglitazone
pioglitazone-glimepiride
pioglitazone-metformin
repaglinide
saxagliptin
saxagliptin-metformin er
SURE-FINE PEN NEEDLE
SYMLINPEN
SYNJARDY
SYNJARDY XR
TANDEM MOBI AUTOSOFT 30
SUPPLY
TANDEM MOBI AUTOSOFT XC
SUPPLY
TANDEM MOBI TRUSTEEL SUPPLY
TEST STRIP
TRADJENTA
TRESIBA
TRULICITY
TRUSTEEL INFUSION SET PACK
urine diabetic test strip
XIGDUO XR

Malaria

atovaquone-proguanil
chloroquine
mefloquine

PRIMAQUINE

Migraine Prevention

EMGALITY PEN, SYRINGE

Miscellaneous Antivirals

BEYFORTUS
DESCOVY
emtricitabine-tenofovir 200 mg-
300 mg
PREVYMIS TABLET

Osteoporosis Related

alendronate
BINOSTO
DUAVEE
ibandronate tablet
raloxifene
risedronate
risedronate dr

Prenatal Vitamins

bal-care dha
BRAINSTRONG PRENATAL
classic prenatal
c-nate dha
complete natal dha
completenate
kpn
MINI PRENATAL
m-natal plus
mynatal
mynatal plus
mynatal-z
newgen
ONE A DAY WOMEN'S PRENATAL
DHA
one daily prenatal
ONE-A-DAY PRENATAL
ONE-A-DAY PRENATAL-I

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Prenatal Vitamins *(Cont.)*

perry prenatal
pnv 29-l
pnv-dha + docusate
pnv-select
pr natal 400, 430
pr natal 400 ec, 430 ec
prenal true
prenaissance
prenaissance plus
prenatal
PRENATAL I9
prenatal complete
PRENATAL FORMULA-DHA
PRENATAL GUMMIES
PRENATAL MULTI
prenatal multi-dha
PRENATAL MULTIVITAMIN
PRENATAL MULTIVITAMIN-DHA
prenatal one daily
prenatal plus
PRENATAL PLUS VITAMIN-MINERAL
PRENATAL PLUS-DHA
prenatal vitamin
PRENATAL VITAMIN + DHA
prenatal vitamin plus low iron
preplus
pretab
R-NATAL OB
se-natal-I9
SIMILAC PRENATAL
STUART ONE
trinatal rx I
ULTRA PRENATAL PLUS DHA
VITAFOL-OB
wesnatal dha complete
wesnate dha
westab plus

Prescription Vitamins

DAVIMET WITH FLUORIDE
denta 5000 plus sensitive
FLORIVA
fluoride
FLUORIDEX
FLUORIDEX SENSITIVITY RELIEF
FLUORIMAX 5000
FLUORIMAX 5000 SENSITIVE
folic acid
ludent fluoride
multi-vitamin w-fluoride-iron
multivitamin-fluoride
multivitamin-iron-fluoride
sodium fluoride
sodium fluoride 5000 dry mouth
sodium fluoride enamel protect
sodium fluoride sensitive
sodium fluoride-potassium nitrate
tri-vitamin-fluoride
tri-vite-fluoride
vitamins a, c, d and fluoride

Quit Smoking Medications

bupropion sr 150 mg tablet
NICODERM CQ
NICORETTE
nicotine gum, lozenge, patch
NICOTROL
NICOTROL NS
quit 2
quit 4
stop smoking aid
varenicline

Vaccines

ABRYSVO
ACTHIB
ADACEL TDAP

AFLURIA
AREXVY
BEXSERO
BOOSTRIX TDAP
CAPVAXIVE
COMIRNATY
DAPTACEL DTAP
DIPHThERIA-TETANUS TOXOIDS-PED
ENGERIX-B
FLUAD
FLUARIX
FLUBLOK
FLUCELVAX
FLULAVAL
FLUMIST
FLUZONE
FLUZONE HIGH-DOSE
GARDASIL 9
HAVRIX
HEPLISAV-B
HIBERIX
INFANRIX DTAP
IPOL
JANSSEN COVID
JYNNEOS
KINRIX
MENACTRA
MENQUADFI
MENVEO A-C-Y-W-I35-DIP
M-M-R II VACCINE
MODERNA COVID
MRESVIA
NOVAVAX COVID
PEDIARIX
PEDVAXHIB
PENBRAYA
PENTACEL
PFIZER COVID
PNEUMOVAX 23

Preventive Medications Drug List

Vaccines (Cont.)

PREHEVBRIO

PREVNAR 20

PRIORIX

PROQUAD

QUADRACEL DTAP-IPV

RECOMBIVAX HB

ROTARIX

ROTATEQ

SHINGRIX

SPIKEVAX COVID

TDVAX

TENIVAC

TRUMENBA

TWINRIX

VAQTA

VARIVAX

VAXELIS

VAXNEUVANCE

Generic medications are listed in all lowercase letters and brand-name medications are listed in all CAPITAL letters.



1. Centers for Disease Control and Prevention (CDC) website, "Preventing Chronic Diseases: What You Can Do Now." Content current as of 05/15/24. [cdc.gov/chronic-disease/prevention](https://www.cdc.gov/chronic-disease/prevention).

2. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.

3. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.

4. U.S. Food and Drug Administration (FDA) website, "Generic Drug Facts." Content current as of 11/01/21. [fda.gov/drugs/generic-drugs/generic-drug-facts](https://www.fda.gov/drugs/generic-drugs/generic-drug-facts).

Cigna Healthcare reserves the right to make changes to this drug list without notice. Please reference Cigna.com/small-group-drug-lists for an up-to-date listing. Your plan may cover additional medications; please refer to your policy/service agreement for details. Cigna Healthcare does not take responsibility for any medication decisions made by the doctor or pharmacist.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the U.S. Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

Product availability may vary by location and plan type and is subject to change. All health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

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Cigna Healthcare:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language assistance services to people whose primary language is not English in a timely manner, such as:
 - Qualified interpreters
 - Information written in other languages



If you need reasonable modifications, appropriate auxiliary aids and services or language assistance services, contact the Civil Rights Coordinator.

If you believe that Cigna Healthcare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, ancestry, religion, marital status, gender, sexual orientation, gender identity or sexual stereotypes, you can file a grievance with the Civil Rights Coordinator

P.O. Box 188016, Chattanooga, TN 37422,
877.822.6561 (TTY: Dial 711)

ACAGrievance@CignaHealthcare.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue,
SW Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)

Complaint forms are available at
<https://www.hhs.gov/civil-rights/filing-a-complaint/complaint-process/index.html>

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Proficiency of Language Assistance Services

English – ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-244-6224 (TTY: Dial 711) or speak to your provider.

Spanish – ATENCIÓN: Si habla español, los servicios de asistencia lingüística gratuitos están disponibles para usted. También están disponibles de forma gratuita ayudas y servicios auxiliares adecuados para proporcionar información en formatos accesibles. Llame al 1-800-244-6224 (TTY: Marque 711) o hable con su proveedor.

Chinese – 注意: 如果您讲中文, 我们提供免费的语言援助服务。适当的辅助设备和服务也可以免费提供, 以提供无障碍格式的信息。请拨打 1-800-244-6224 (TTY: 拨打 711) 或与您的服务提供者联系。

Vietnamese – XIN LƯU Ý: Nếu bạn nói tiếng Việt, dịch vụ hỗ trợ ngôn ngữ miễn phí có sẵn cho bạn. Các thiết bị và dịch vụ hỗ trợ phù hợp để cung cấp thông tin ở định dạng có thể tiếp cận cũng có sẵn miễn phí. Gọi số 1-800-244-6224 (TTY: Gọi 711) hoặc nói chuyện với nhà cung cấp của bạn).

Korean – 주의: 한국어를 사용하시는 경우, 무료 언어 지원 서비스가 제공됩니다. 접근 가능한 형식으로 정보를 제공하기 위한 적절한 보조 기기 및 서비스도 무료로 제공됩니다. 1-800-244-6224 (TTY: 711 로 전화) 로 전화하시거나 제공자에게 문의하십시오.

Tagalog – PAUNAWA: Kung ikaw ay nagsasalita ng Tagalog, ang mga libreng serbisyo ng tulong sa wika ay magagamit para sa iyo. Ang mga angkop na pantulong na kagamitan at serbisyo upang magbigay ng impormasyon sa mga naa-access na format ay magagamit din ng libre. Tumawag sa 1-800-244-6224 (TTY: Tumawag sa 711) o makipag-usap sa iyong tagapagbigay.

Russian – ВНИМАНИЕ: Если вы говорите на русском, доступны бесплатные услуги языковой помощи. Также бесплатно предоставляются соответствующие вспомогательные средства и услуги для предоставления информации в доступных форматах. Позвоните по телефону 1-800-244-6224 (TTY: Наберите 711) или обратитесь к вашему провайдеру.

Arabic - تنبيه: إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر أيضًا مساعدات قابلة للوصول إليها، وذلك مجانًا. اتصل بالرقم 1-800-244-6224 (TTY: 711 اطلب) أو تحدث إلى مقدم الخدمة الخاص بك (اطلب 711).

French Creole – ATANSYON: Si ou pale Kreyòl Ayisyen, sèvis asistans lang gratis yo disponib pou ou. Ekipman ak sèvis adisyonèl ki apwopriye pou bay enfòmasyon nan fòma ki aksesib yo disponib tou gratis. Rele 1-800-244-6224 (TTY: Rele 711) oswa pale ak founisè ou a.

French – ATTENTION : Si vous parlez français, des services d'assistance linguistique gratuits sont disponibles pour vous. Des aides et des services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-800-244-6224 (TTY : composez le 711) ou parlez à votre fournisseur.

Portuguese – ATENÇÃO: Se você fala português, serviços gratuitos de assistência linguística estão disponíveis para você. Auxílios e serviços apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-800-244-6224 (TTY: disque 711) ou fale com seu prestador de serviços.

Polish – UWAGA: Jeśli mówisz po polsku, dostępne są bezpłatne usługi pomocy językowej. Odpowiednie pomoce i usługi wspierające w celu dostarczenia informacji w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 1-800-244-6224 (TTY: wybierz 711) lub skontaktuj się ze swoim dostawcą usług.

Japanese – 注意: 日本語を話す場合は、無料の言語支援サービスが利用できます。アクセス可能な形式で情報を提供するための適切な補助機器やサービスも無料で利用できます。1-800-244-6224 (TTY: 711 にダイヤル) に電話するか、提供者に話してください。

Italian – ATTENZIONE: Se parli italiano, sono disponibili per te servizi gratuiti di assistenza linguistica. Sono disponibili gratuitamente anche ausili e servizi appropriati per fornire informazioni in formati accessibili. Chiama il numero 1-800-244-6224 (TTY: comporre il 711) o parla con il tuo fornitore.

German – Achtung: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistentendienste zur Verfügung. Geeignete Hilfsmittel und Dienste, um Informationen in barrierefreien Formaten bereitzustellen, sind ebenfalls kostenlos verfügbar. Rufen Sie 1-800-244-6224 an (TTY: Wählen Sie 711) oder sprechen Sie mit Ihrem Anbieter.

Persian (Farsi) - همچنین، وسایل و خدمات کمکی مناسب برای در دسترس است. خدمات رایگان کمک زبان برای شما صحبت می‌کنند، توجه: اگر به فارسی تماس بگیرید یا با (شماره 711 را بگیرید: TTY) ارائه اطلاعات در قالبهای قابل دسترس به صورت رایگان در دسترس هستند. با شماره 1-800-244-6224 ارائه‌دهنده خود صحبت کنید